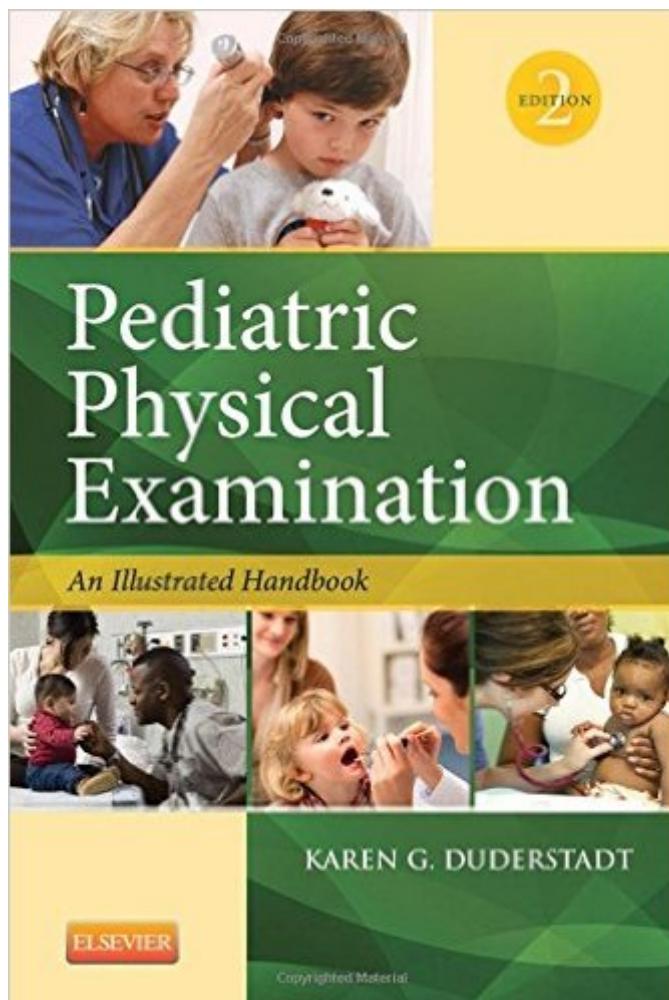


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# Pediatric Physical Examination-: An Illustrated Handbook, 2e



## Synopsis

"This handbook serves the needs of undergraduate medical students ,nursing students and is good refresher for Pediatric post graduates." Reviewed by: Neel Kamal, Date: Aug. 14 This portable, photo-rich guide to physical examination for Nurse Practitioners and other primary care providers will help you develop the unique range of skills required to assess children of all ages. System chapters begin with embryological development and review the key developmental stages of childhood. For infants and young children, this step-by-step guide uses the "quiet-to-active" approach favored by pediatric experts and considered more effective for this age-group than the traditional head-to-toe approach used for adults. Other key topics include pediatric mental health assessment and growth and development screening and surveillance.Uses the quiet-to-active approach to the examination of infants and young children, starting with listening and moving on to touching, the pediatric assessment approach that yields the best results in this age group. More than 300 photos and line drawings facilitate learning and familiarize you with common assessment findings.Information Gathering tables highlight questions and data needed from the patient/guardian, with questions conveniently separated by age group, to help you take an accurate history.Charting examples show you how to record physical examination findings in the health record and acquaint you with documentation language and format.Pediatric Pearls highlight effective physical examination findings and techniques gleaned from actual practice.Coverage of assessment of the preterm infant equips you with practical tools for assessing this unique pediatric population.Full-color format facilitates readability and learning.An easy-access two-column format provides quick access to concise information.Spiral binding lets you lay the book flat or fold it back for easy visualization and quick reference in the clinical setting.**NEW!** Expanded coverage of growth and development screening and surveillance reviews the methods and tools used for screening children for developmental delays and emotional and behavioral problems • one of the most challenging aspects of well-child care.**NEW!** Expanded coverage of history-taking and charting, with special emphasis on electronic charting, dermatologic assessment of more darkly pigmented skin, and adolescent assessment, provides valuable, need-to-know information.**NEW!** Expanded coverage of pediatric mental health assessment, including depression and anxiety, better equips you to assess for the 70% of adolescent mental health disorders that are thought to be unrecognized and untreated.**NEW!** Family, Cultural, and Racial Considerations sections address the increasingly important areas of family and cultural assessment to prepare you for differences to anticipate when assessing children of different cultural or racial groups.**NEW!** Enhanced illustration program featuring more than 50 new photos and illustrations better prepares you for clinical

practice. NEW Summary of Examination lists at the end of each examination chapter highlight key assessment points associated with each body system and serve as a convenient quick reference and learning aid. NEW! Evidence-Based Practice Tips highlight useful research findings that guide you in your clinical practice. NEW! New and updated content on congenital and acquired heart disease, disorders of sexual differentiation, and sports-related concussions, as well as updated autism screening guidelines and World Health Organization (WHO) growth charts, highlights important trends in pediatric primary care practice. NEW! Improved Environmental Health History chapter, with new information on exposure to lead and endocrine-disrupting chemicals, culture-specific exposures, and diagnostic testing, addresses key toxicants and guides you in performing an environmental health screening history and establishing a risk profile for exposure to environmental pollutants. NEW! Attractive new design improves readability and usability, as well as learning and reference value.

## **Book Information**

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## **Customer Reviews**

I am a pediatric nurse, RN working in a busy outpatient department. I am also a Pediatric instructor at City College of San Francisco. I found this book to be a great and quick reference. The book is divided into sections by systems which I find to be helpful. The pictures are great and they have boxes that will highlight key points and pediatric pearls; which highlight key physical findings and techniques to improve pediatric exams. I like that the book is spiral bound. It makes it easy to read

as it lies flat on a table or you could fold it back. I've used the photo's to show a new mother the anatomy of the skull of the newborn. She had questions about her baby's fontanel. I would highly recommend this book! DMG RN MSN IBCLC

As a family nurse practitioner, I'm always looking for reference materials that are concise, useful and supply pictures, which are tremendously helpful for patients. This book delivers! I would highly recommend it for other clinicians who treat children, as well as for parents who would like a deeper understanding of what to expect as their children grow!

Great book for health care practitioners. This book was assigned to me in a 200 level course and I plan to use it for a master's level assessment course. Great graphics and excellent charting tool.

I am in my second year of a MSN-FNP program ready to begin my pediatric clinicals. After reading these reviews I knew I needed to purchase this book; I am very happy that I did. This is far and away the BEST book you will find on pediatric physical examinations out there. It is so thorough! It is full of color photographs and drawings showing procedural steps and physical images in detail (very helpful so you may be more comfortable with a procedure or anomaly before you are approached with one in front of your preceptor). Things like normal variations and abnormal findings are all given in tables so they are easy to find. Charting tips are offered for every section. I especially like how well the musculoskeletal and neurological sections are covered as these assessments have many specific examinations (each are offered, again with pictures). For example, the examination of the newborn hip is shown with pictures - observing for Ortolani's sign, Barlow's test, and symmetry (all shown with detailed pictures). Each body section is really covered well, it is difficult to pick out one or two. I suggest you click on the "look inside" to skip around the book for a few moments before you purchase it. I'm sure you will find it covers every area in detail. Just peek at the pictures in the skin section. I just cannot get over how fantastic this book is. The size is perfect, you can carry it with you to clinicals (not too heavy and not too big) 6" x 9" and about 1" thick and spiral bound so it stays open to where you want it. It also has the fold over tab on the back cover so it has the built-in bookmark (a bonus!). I highly recommend this to anyone who works with pediatric patients. Truly a fabulous find. I don't know why my school doesn't require this book. It is far better than the textbooks they do require.

Good book in many ways, but the ring bound and soft cover cause it to rip quite easily. This is my

second copy and it ripped within a few weeks of getting it...and I am quite a careful and organized individual.

This is an absolutely excellent resource. Includes info I have not found elsewhere, and includes practical tips, info, and illustrations.

This wasn't required for clinical but as I did not like the required text wound up ordering this. So glad I did, my preceptor has the same one just an older version! Will be keeping this for my future practice!

The book is a nice compact size to take to one's practice, but it's chock full of great information. Each system has a thoroughly detailed explanation on what to look for during a pediatric examination and why. It's a great reference and easy to read.

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